

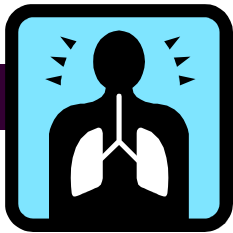
September 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September is Whole Grains and Fruits and Veggies Month! Look for information on our Facebook page and our website!	1	2	3	4	5	
<i>Last Days of Summer....</i>						
6	7 Labor Day	8 Welcome Back! First Day of Classes	9	10 Wellness Centers Opening Day! All Centers Open at 2 PM!	11	12
13	14	15	16	17	18 Last Day for Summer Membership Refunds	19
20	21 Last Day for Add/Drop Classes	22	23	24	25	26
27	28	29	30	Upcoming Events: Oct. 9: Membership Rate Reduced \$85/Acad. Year \$40/Sem. Oct. 10—11: Closed for Columbus Day Weekend Oct. 12: Centers Open from 6-9 PM		




awareness



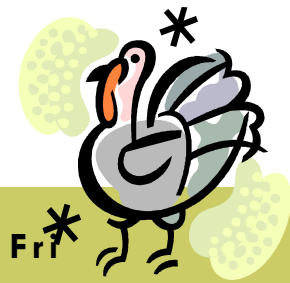
October 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>October is Breast Cancer Awareness Month and Healthy Lung Month! Look at our Facebook Page and Website for more information!</p> <p><u>Upcoming Events:</u> Nov. 8: Membership Rate Reduction \$75/Acad. Year & \$30/Sem. Nov. 24: Close at 6 PM for Thanksgiving Break Nov. 30: Centers Reopen for Regular Hours</p>				1	2	3
4	5	6	7	8	9 Membership Rate Reduction \$85/Acad. Year \$40/Semester	10 Centers Closed
11 Centers Closed	12 Columbus Day Centers Open 6-9 PM *No group exercise classes	13 Monday Class Schedule	14	15	16	17
18	19	20	21	22 Last Day to Drop with a "W"	23	24
25	26	27	28	29	30	31 Halloween 



November 2009



Sun	Mon	Tue	Wed	Thu	Fri*	Sat
1	2	3	4	5	6	7
8 Membership Rate Reduction \$75/Acad. Year \$30/Semester	9	10	11 Veteran's Day Centers Open Regular Hours	12 Registration for Spring 2010 Classes Begins	13	14
15	16	17	18	19	20	21
22	23	24 Centers Closed at 6 PM	25 Centers Closed	26 	27 Centers Closed	28 Centers Closed
29 Centers Closed	30 Centers Open	<p>November is American Diabetes Month and Healthy Skin Month! Look at our Facebook page and website for more information!</p> <p>Upcoming Events: Dec. 11: Centers close @ 6 PM for regular hours Check back for the December Calendar with finals week hours!</p>				